



DEPARTMENT OF COMMUNITY MEDICINE
G.M.E.R.S. MEDICAL COLLEGE, JUNAGADH
Paddock Road, Majejadi Gate, Junagadh - 362001

First year MBBS Curriculum (New syllabus)
Lectures

No.	Competencies	Topic
1	CM 1.1	Introduction to Community Medicine & Public Health
2	CM 1.2	Concept of Health – Definitions & Dimensions
3	CM 1.2	Concept of Health – Determinants of Health, Right to Health, Responsibility for Health
4	CM 1.2	Indicators of Health
5	CM 1.2,1.7	Concept of wellbeing & Spectrum of health
6	CM 1.3	Concept of Disease & Concept of Causation (Include risk factors & risk group)
7	CM 1.4	Natural History of Disease
8	CM 1.5	Concept of prevention, Levels of prevention & Modes of Intervention
9	CM 5.1	Introduction to Nutrition, Classification of food & Nutrients
10	CM 5.3	Protein Energy Malnutrition
11	CM 5.3	Vitamin A & vitamin D deficiency disorders
12	CM 5.3	Iodine deficiency Disorders
13	CM 5.3	Nutritional Anemia
14	CM 5.7	Food Hygiene
15	CM 5.8	Food fortification & Additives
16	CM 1.8	Demographic profile of India & its impact on health
17	CM 9.1	Demographic cycle, Vital statistics
18	CM 9.6	National Population Policy
19	CM 9.7	Sources of vital Statistics including census, SRS, NFHS, NSSO.
20	CM 17.2	Community Diagnosis

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First year MBBS Curriculum
Small Group Discussion

(New Syllabus)

No.	Competencies	Topic
1	CM 5.1	Sources of Macro Nutrients
2	CM 5.1	Sources of Micro Nutrients
3	CM 1.9	Role of effective Communication skills in health in simulated Environment
4	CM 1.10	Important aspects of the doctor patient relationship in a simulated environment
5	CM 5.1	Special nutrition requirement (1)Age & Sex (2)Physiological Conditions
6	CM 5.8	Adulteration of Food items (include Videos)
7	CM 9.3	Enumerate and describe cause of declining Sex ratio and its social and health implications
8	CM 9.4	Population Dynamics & population Explosion
9	CM 9.5	Methods of population control
10	CM 17.1	Concept of Health care to Community
11	CM 3.1	Health Hazards of Air pollution
12	CM 3.1	Health Hazards of Water Pollution
13	CM 3.1	Health Hazards of Noise pollution
14	CM 3.1	Health Hazards of Radiation

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**First year MBBS Curriculum
Self-Directed Learning**

(New syllabus)

No.	Competencies	Topic
1	CM 5.1	Protein: Functions, supplementary action, RDA. Fats: Function, Types, RDA. Carbohydrates: Function, Types, Glycemic Index, Dietary Fibers.
2	CM 5.1	Water soluble Vitamins, fat soluble Vitamins
3	CM 5.1	Minerals : calcium, Iron & Iodine

Dr. H. H. H.

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